



Text: "Let go and know that I am God—I will be exalted in the nations, I will be exalted in the earth. Yahweh of the heavenly armies is with us—our high place of refuge is Jacob's God. Selah." (Psa. 46:10-11, IT).



Intro: Today's message is inspired by one of our mothers, Diane Heng. A few years ago she reflected on the word 'let' in Scripture. It's a small word but packed with meaning. It begins our main text this morning: 'Let go and know that I am God.'



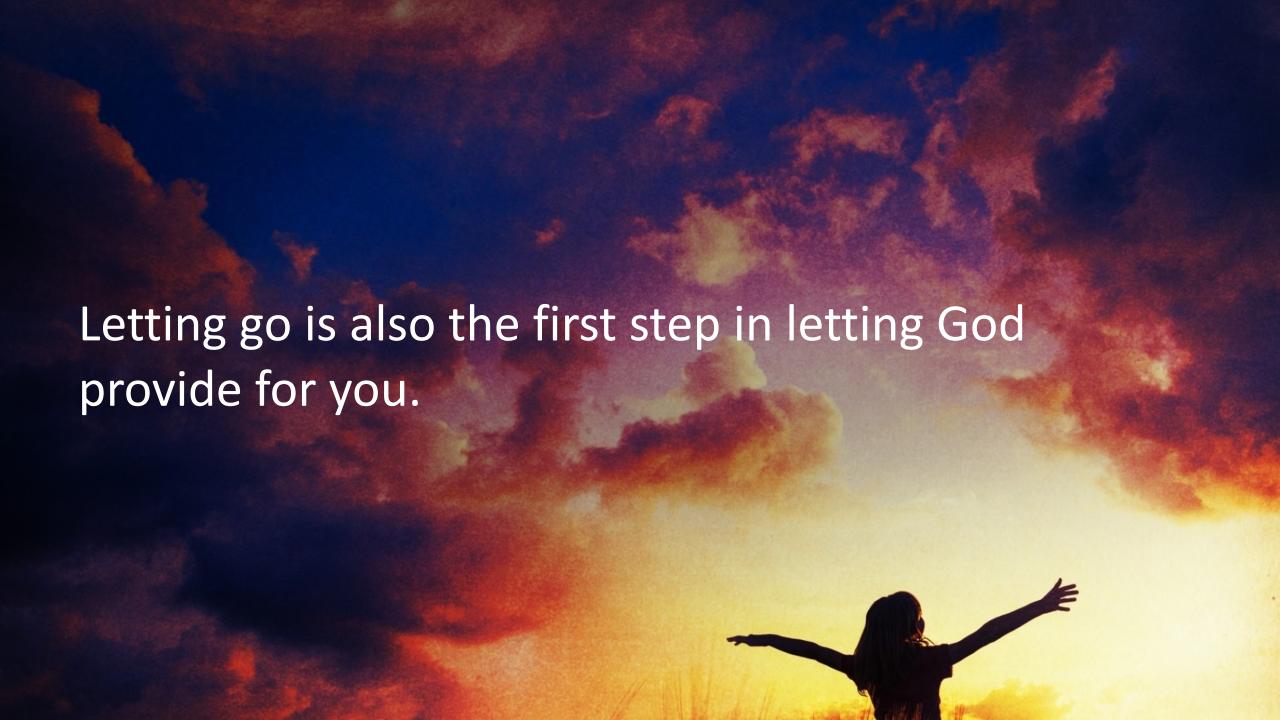


"Cease striving and know that I am God; I will be exalted among the nations, I will be exalted in the earth." The Lord of hosts is with us; The God of Jacob is our stronghold. Selah.

Psalm 46:10-11



















Hear what Jesus says, "Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things. But seek first His kingdom and His righteousness, and all these things will be added to you. So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own" (Mt 6:31-34, N

Wise words from an amazing lady...

Worrying is carrying tomorrow's load with today's strengthcarrying two days at once. It is moving into tomorrow ahead of time. **Worrying does not** empty tomorrow of its sorrow; it empties today of its strength.

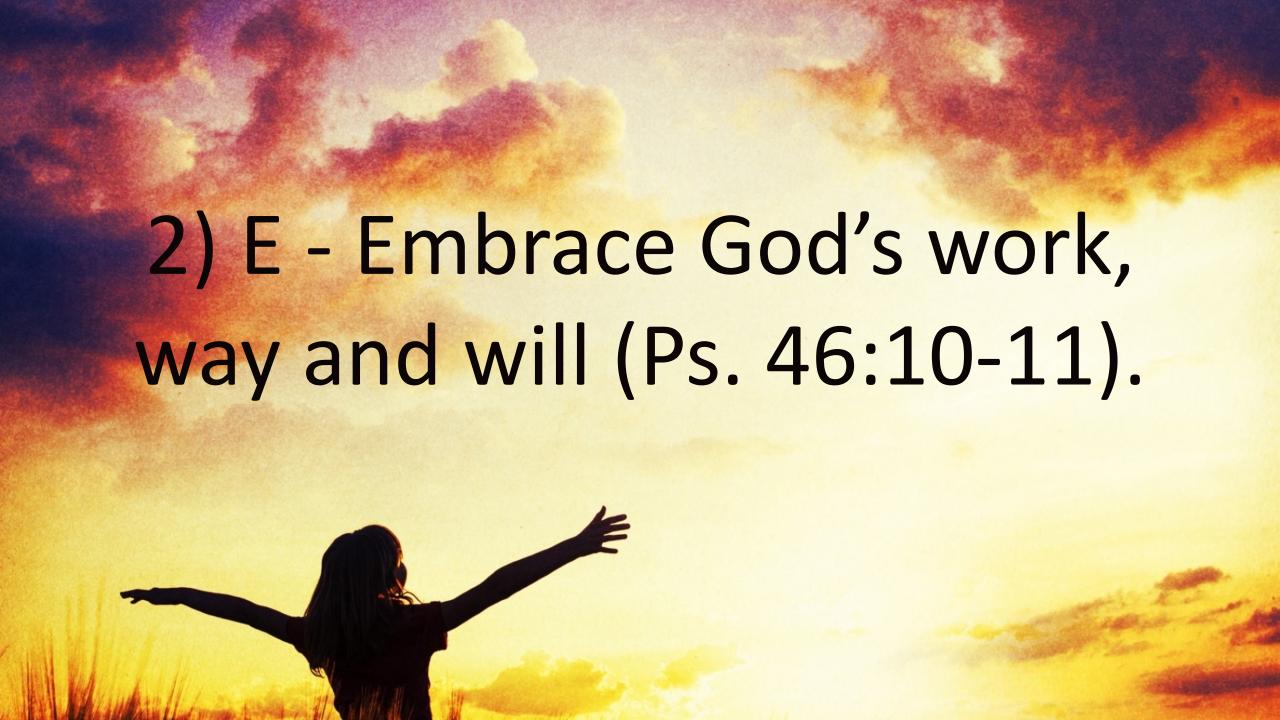
- Corrie ten Boom



Let go of the debt people owe you. I'm not talking just about money but emotional and expectational debt. Let go of the pain they've caused. Let go of the attacks.







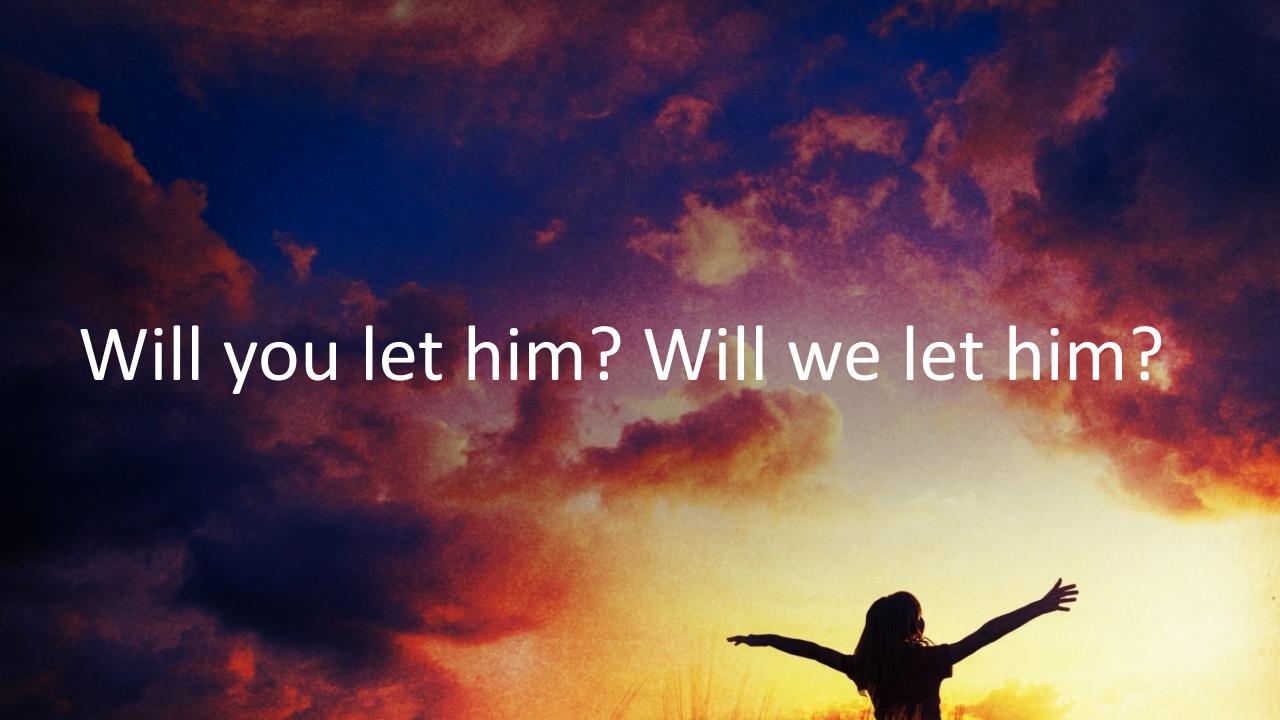
'Let' – it's a small word in English, and often it's smaller in Hebrew.

It's usually just one letter—י yod—yod added in front of a word.

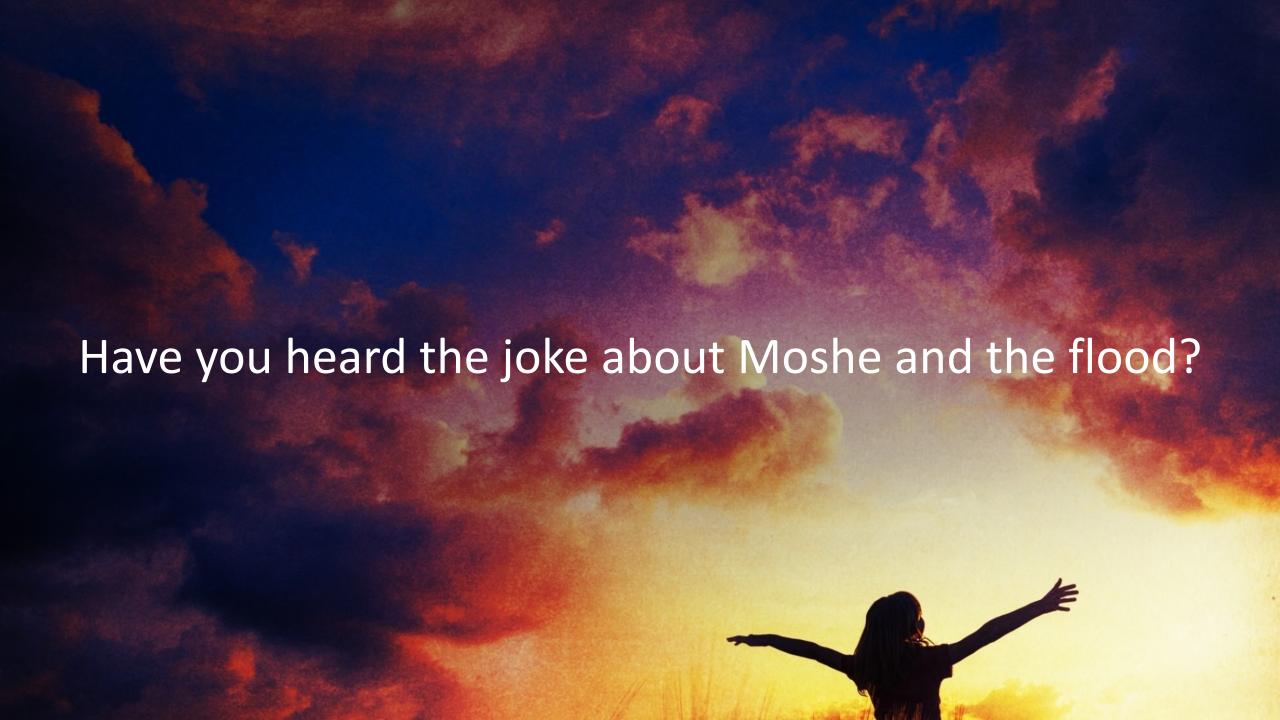
Yod ' is the smallest and humblest letter in the Hebrew alphabet.







Then God spoke to me, "Will you let me? Let me bless you. Let me strengthen you. Let me heal you. Let me deliver you. Let me help you..."



3) T - Trust that God will do it (Ps. 46:10-11).



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