

Sensitivity to the Spirit

16 - Nehemiah: A Time for Restoration

Church on the Park | Sunday, 21 FEB 2021 | Glen Gerhauser

Text: “It came about afterward that David’s conscience [*lev*, heart] bothered [*nacah*, struck] him because he had cut off the edge of Saul’s robe.” — [1 Samuel 24:5](#)

Theme: Staying _____ to the Holy Spirit is key to keeping on the breastplate of righteousness.

Intro: Saul was bent on killing David, pursuing him like one who would hunt a bird in the wild. Saul is now in a dark cave, vulnerable. Little does he know David and his men are hidden in the same cave. Saul is in David’s hand, and David can easily and swiftly strike his greatest enemy, King Saul, dead. But instead, David values Saul’s life—King Saul is the Lord’s anointed—so he only cuts a small piece of Saul’s garment, defiling his robe but saving his life. Saul didn’t even know what David did in the darkness; he had no knowledge that David was in the same cave. And even though David only cuts off the edge of Saul’s robe, his _____ is struck. This small act of dishonour cuts him to the heart. As a young worshipper and warrior, David has a sensitive conscience. The Lord also desires us to have a sensitive conscience—so sensitive that little acts of disobedience pierce it. Today, we will continue to talk about the breastplate of righteousness. *How do you put on the breastplate of righteousness and keep it on? And how do you keep your conscience strong and sharp?*

1) **S - Stay** _____ **to the Spirit** ([1 Samuel 24:5](#)).

2) **T -** _____ **daily** _____ **of your heart** ([Hebrews 3:12-15](#)).

3) **R -** _____ **to conviction with** _____ ([Hebrews 3:15](#)).

4) **U -** _____ **God’s righteousness through his** _____ ([Hebrews 5:13-14](#)).

5) **C -** _____ **with God and his** _____ ([Hebrews 3:13](#)).

6) **K -** _____ **a clean conscience by the** _____ **of Jesus** ([Hebrews 10:19-25](#)).